

Project Knitwell Volunteer Opportunities

Open In Person Opportunities: Please email instruction@knitwell.org if you are interested so that we can match you and be sure that you are clear to volunteer at each site (exact address details will be given at that time).

***** Please scroll down to see the immediate needs for volunteers at N Street Village, CCDA Alexandria and PRS Recovery on October 11.**

Hospital Programs

Those interested in volunteering at a hospital will be provided with on-boarding requirements and application information.

Children's National Medical Center — on-call bedside services at several areas of the hospital including Pediatrics, Dialysis, Orthopedics, and other hospital locations. Requires hospital clearance (CNMC application, TB test, vaccinations, etc.) and volunteer training. **Individual service daytime, and TBD at CNMC location in NW, Washington, DC.**

Johns Hopkins Suburban Hospital — seeking volunteers to provide one-on-one knitting instruction to patients at various locations in the hospital. Requires hospital clearance, background check, drug screening and hospital orientation. **Shifts include weekdays, evenings, and weekends at Suburban's Bethesda location.**

Shady Grove Adventist Hospital — seeking volunteers to provide one-on-one knitting instruction and possible group sessions in Labor and Delivery and other potential hospital locations. Requires completing an application, medical exam, immunizations including Covid shots and attending hospital orientation. **Shifts are 7 days a week and evenings until 8:00 p.m. at Shady Grove's Rockville location.**

On-hold — Placements to be made Fall 2023

Medstar Georgetown University Hospital — on-call bedside services in the NICU, Labor and Delivery (moms-to-be on bedrest) and the Pediatric unit. Requires hospital clearance (TB test, drug screen, vaccinations, etc.) and volunteer training.

Community Programs

CCDA Afghan Refugee Services — Newcomer's group for adults to learn to knit. The language barrier is overcome with translators in most cases, but we are facilitating the knitting instruction through photographs in our guide, demonstrations and learning basic phrases.

CCDA Woodbridge Group setting once a month on Woodbridge, from 1 - 2:30pm.
Dates: TBA [Volunteers needed: 2.](#)

CCDA Alexandria Group setting once a month on Tuesdays, from 10:00 – 11:30 a.m. at CCDA's new location near routes 395 S. and 236, Alexandria, VA.

[Volunteers needed: 3 for the following dates: October 3, November 7, and December 2023.](#)

[Friends of Guest House](#) — a program for recently incarcerated individuals through their Work Life Development Program. Volunteers teach knitting with an emphasis on planning and SMART goals.

Sessions are tentatively scheduled to run once a week for 7 weeks on Fridays from 12:30 - 1:30 p.m. from November 3 to December 22, 2023, at FOGH's Alexandria location.

[Volunteers needed: 4](#)

[N Street Village](#) — the Wellness Center at N Street Village is for those experiencing homelessness.

The N Street knitting program runs Tuesdays, 11am - 12 Noon from September 12 – December 15, 2023. The N Street Wellness Center is in northwest DC.

[Volunteers needed: 3](#)

[PRS Recovery](#) — PRS Recovery is a behavioral health day program for adults with mental illness. Clients will have an opportunity to join the PRS knitting circle as they progress toward goals they have outlined in their individual recovery plans.

The PRS Recovery program runs from October 11 – January 17, 2024.

PRS Recovery is located near Inova Fairfax Hospital at Gallows Rd. and route 50, just outside the Beltway.

[Volunteers needed: 4 for October 11, 2023](#)

[Volunteers needed: 2 for October 18 - January 17, 2024](#)

[Ryan Bartel Foundation](#) — a Loudoun County based teen suicide prevention organization. The FORT is Ryan Bartel's signature program that brings teens from all over the county

together to participate in experiential workshops to help them build skills and strategies to cope with struggles and connect with peers and trusted adults.

This is a one-day program on Sunday, December 3, 1: 00 – 4:00 p.m. at a location in Loudoun County.

Volunteer knitting instructors needed: 5

VOLUNTEER CALENDAR

We hope you will join us for some of our community in-person and online groups where volunteers and former participants convene.

Project Knitwell In-Person Volunteer Meet-ups — open to everyone. Check Project Knitwell newsletters, website and social media or email instruction@knitwell.org.

K2Together Zoom sessions — open to everyone. If you're not already on the mailing list, sign up at projectknitwell.org/k2tog.

Knitwell in the Cloud (KIC) — open to everyone. KIC is a virtual opportunity for volunteers to teach knitting to those experiencing stress in the DC Metro area, throughout the US and the world. Email: instruction@knitwell.org